




SCHOOL TRIPS PACKING LIST

NOTE: Students should be limited to ONE suitcase or duffle bag. ALL ITEMS SHOULD BE MARKED WITH YOUR NAME.



 Use the handy list below to check off items as you pack them both at home before you come to Frost Valley YMCA and use it again to make sure you don't leave anything behind!

NECESSARY:		
AT HOME	AT FROST VALLEY	
<input type="checkbox"/>	<input type="checkbox"/>	4 pairs of underwear
<input type="checkbox"/>	<input type="checkbox"/>	4 pairs of socks
<input type="checkbox"/>	<input type="checkbox"/>	pajamas
<input type="checkbox"/>	<input type="checkbox"/>	2 pairs of walking shoes
<input type="checkbox"/>	<input type="checkbox"/>	raincoat
<input type="checkbox"/>	<input type="checkbox"/>	hat or hood
<input type="checkbox"/>	<input type="checkbox"/>	2 warm pants or jeans
<input type="checkbox"/>	<input type="checkbox"/>	1 jacket
<input type="checkbox"/>	<input type="checkbox"/>	1 heavy sweater
<input type="checkbox"/>	<input type="checkbox"/>	warm shirts
<input type="checkbox"/>	<input type="checkbox"/>	light shirts
<input type="checkbox"/>	<input type="checkbox"/>	bath towel
<input type="checkbox"/>	<input type="checkbox"/>	tissues
<input type="checkbox"/>	<input type="checkbox"/>	soap, shampoo
<input type="checkbox"/>	<input type="checkbox"/>	comb or brush
<input type="checkbox"/>	<input type="checkbox"/>	toothbrush & toothpaste
<input type="checkbox"/>	<input type="checkbox"/>	sunscreen
<input type="checkbox"/>	<input type="checkbox"/>	water bottle
<input type="checkbox"/>	<input type="checkbox"/>	day pack

OPTIONAL:		
AT HOME	AT FROST VALLEY	
<input type="checkbox"/>	<input type="checkbox"/>	slippers
<input type="checkbox"/>	<input type="checkbox"/>	reading materials
<input type="checkbox"/>	<input type="checkbox"/>	writing materials
<input type="checkbox"/>	<input type="checkbox"/>	plastic bags
<input type="checkbox"/>	<input type="checkbox"/>	waterproof boots
<input type="checkbox"/>	<input type="checkbox"/>	wash cloth
<input type="checkbox"/>	<input type="checkbox"/>	binoculars
<input type="checkbox"/>	<input type="checkbox"/>	sunglasses
<input type="checkbox"/>	<input type="checkbox"/>	lip balm/ chap stick
<input type="checkbox"/>	<input type="checkbox"/>	stamps
<input type="checkbox"/>	<input type="checkbox"/>	camera
<input type="checkbox"/>	<input type="checkbox"/>	laundry bag
<input type="checkbox"/>	<input type="checkbox"/>	flashlight

NOT ALLOWED:

- radio/CD player/MP3/MP4 player
- portable TV
- cell phones
- videogames
- knives
- candy or gum
- food
- hair driers
- fireworks
- matches
- pets



FROST VALLEY YMCA

2000 Frost Valley Road, Claryville, NY 12725

TEL 845-985-2291 FAX 845-985-0056 WEB frostvalley.org

