

## BRAG SHEET—all about you!

*Print out this page, complete it and return it to the School Counseling office (Room 302).*

**Name** \_\_\_\_\_ **Homeroom** \_\_\_\_\_

**Date** \_\_\_\_\_ **Email** \_\_\_\_\_

1. What do you like to do in your spare time? List your hobbies, sports, and other activities you do to relax and have fun. List at many as possible.
2. What are your favorite school subjects?
3. Which groups do you belong to? (list sports teams, religious youth groups, scout troops, and any other organized groups)
4. What jobs have you held? List jobs for pay, volunteer jobs and any chores you do at home.
5. What leadership positions have you held? (for example, team captain, peer mediator, tutor)
6. What are your artistic interests? (for example do you dance, play music, create works of art, perform in theater, write, or do other artistic activities?)
7. If you were picking a career today, what would it be? (list up to three choices)
8. If you were picking a college major today, what would it be? (up to three choices)
9. List any awards or honors you have received.
10. What are your three best personal qualities?
11. What makes you unique?
12. On the back of this sheet, list which adults you would like to ask if you needed a letter of recommendation for high school or for a job.